# Safeguarding Information for All Athletes

### Safeguarding is everyone's responsibility.

This document will be accessed and agreed online, as part of the accreditation process. A copy will be sent to Athletes/ Parent/s/carer/participating NGB's prior to Cork City Triathlon.

As an athlete at the Cork City Triathlon we need to give you the following Safeguarding information as there will be junior athletes (under 18) in attendance.

#### **Event Safeguarding Lead Officers**

Please contact one of the people below if you have any questions or reports or even if you want to have a chat about something that's happened. They will be at the event wearing Navy vests and you can see what they look like <a href="here">here</a>.

Name: Niamh O'Gorman

Contact number: +353 87 3627106 PLEASE SAVE THIS NUMBER TO YOUR PHONE.

Email: niamh@triathlonireland.com

Name: Mary Crosbie

Contact number: +353 873793721 PLEASE SAVE THIS NUMBER TO YOUR PHONE.

Email: mary@triathlonireland.com

#### **Photography**

TI requests photography permission when signing up for membership. If you do not wish to be photographed just let us know.

A person will be appointed to take photos/film. Athletes should be aware that if they tag Triathlon Ireland, Europe Triathlon or World Triathlon in a post it may be reshared on other platforms by those organisations. If an athlete wants to have any content removed they should contact the Triathlon Ireland Head of Marketing, lorna@triathlonireland.com.

If an athlete is uncomfortable with any images or video being taken on the day they should contact a safeguarding lead officer who will support them.

## **Changing Areas and Athletes lounge**

The changing area is for athletes only, coaches, athlete support personnel, chaperones, staff or volunteers will not be permitted to enter the changing area.

There will be specified time for athletes to use the changing areas and showers.

Athletes may not enter the changing area outside of the specified time. There will be an allocated area for an athlete lounge which coaches, athlete support personnel and chaperones can also access.

#### **Anti Doping**

Sport Ireland may be conducting Anti Doping testing at the event.

Eleanor Condon is the TI anti doping officer and can be contacted at eleanor@triathlonireland.com.

#### **Legal and Illegal Substances**

Athletes are not permitted to consume alcohol or take any illegal substances at the event.

#### Criminal/anti-social behaviour

No type of criminal activity will be tolerated. Appropriate action (i.e. referral to the Police) will be taken which could result in criminal charges being made against the offender if criminal activity is observed or suspected.

#### **Code of Conduct**

Triathlon Ireland has a code of conduct -set out below- which all athletes are expected to abide by.

#### **Code of Conduct**

We want all athletes to have a positive experience within the parameters of this Code of Conduct

I am aware that I am an ambassador for my country's federation and I take full responsibility for my actions. I have read this code of conduct, I understand the points set out below and agree to comply fully with them.

Any breach of this code of conduct could result in being sent home from Cork City Triathlon and being subject to disciplinary action from Triathlon Ireland/Statutory authorities which could jeopardise future participation within the sport.

- I will Promote relationships with athletes, officials and others that are based on openness, honesty, trust and respect.
- I will treat others with the respect and fairness that I would like them to show me,

this includes my use of social networking sites. I will only access appropriate websites that will support my sports performance and the image of Cork City Triathlon.

- I will respect the privacy of others and will observe the rule of no photography in the changing area.
- I will compete within the rules of my sport, and respect all officials and their decisions.
- I will demonstrate fair play on and off the sporting arena and will not use foul, abusive or offensive language in the real or a virtual environment.
- I will respect the differences between everyone at Cork City Triathlon in terms of age, gender, including transgender, ethnicity, religious beliefs, sexual orientation or disability.
- I will promote myself and my sport in a positive light by not smoking (cigarettes or e-cigarettes), possessing, consuming or supplying alcohol, illegal and/or performance enhancing drugs.
- I will respond to any concerns about a child's or young person's welfare, working in partnership with others in the young person's best interests.
- If a child or young person shares their concerns, listen, stay calm, not make judgements or false promises and will in a timely manner inform the Event Safeguarding Lead.
- I will report any concerns to the Event Safeguarding Lead.
- Agree to abide by the Triathlon Ireland Safeguarding policies and procedures as well as the relevant Irish legislation.
- Will not allow or engage in inappropriate physical contact of any kind or make sexually suggestive comments about or to a child or young person.
- Will not allow or engage in bullying behaviour, rough physical games, sexually provocative games.
- Will not exert undue influence over a participant in order to obtain personal benefit or reward.
- Will not take part in activity that will bring the Cork City Triathlon into disrepute
- I will not post or share content about Cork City Triathlon on social media or websites, images or text that is harmful, unkind or abusive